# 2021/2022 BUILD BACK A BETTER BORDERS RECOVERY FUND

Assessment Form

For the purpose of assessment, projects have been ranked high, medium or low to reflect how strongly the application meets the criteria of the Build Back a Better Borders Recovery Fund.

High - a strong demonstration of how the project will assist recovery from the pandemic

Medium - provides acceptable examples of how the project will assist recovery from the pandemic

Low - lacks detail of how the project will assist recovery from the pandemic

#### 1. Applicant Details

Organisation name	Abbotsford Bowling Club					
Organisation structure	Constitute	Constituted Sports Club				
Application reference	BBBB/EIL/23					
Theme of	Sport	Arts & culture	Environment	Community capacity	Community resilience	Intergenerational activity
application	$\boxtimes$				$\boxtimes$	$\boxtimes$
Project start date	February	2022		Project end date	August 2022	

#### 2. Organisation's Finances

End of year balance	£25,447.28
Current bank balance	£25,403.69
	£25,403.69
Total cash/Unrestricted reserves available & purpose	Abbotsford Bowling Club Committee have noted that they wish to keep a contingency fund of £25,000 at all times. This is also detailed in the analytical review notes of the club's most recent annual accounts (December 2020).
Total restricted /committed funds & purpose	£0.00

### 3. Project:

Outline of what the group plan to do to help people recover from the pandemic. Projects will be ranked higher if the application strongly demonstrates that they are meeting an identified need in the community.

High 🗆	Medium 🛛	Low

Abbotsford Bowling Club (ABC) are applying to cover the costs of refurbishing the clubhouse. The club also wishes to deliver a two-phase project that benefits both the elderly people and young people in the surrounding community.

In an effort to help the community of Tweed Road and surrounding area recover from the isolating effects of the COVID-19 pandemic, Abbotsford Bowling Club is looking at positive ways it can help, by opening its doors and offering activities to residents in the local area. The aim is to help people socialise with others, take part in activities that will bring people together in a safe and controlled environment and help the community to recover and move on from these challenging times of the pandemic.

The main focus of the first phase of this project, from February to April 2022, is to engage with the elderly in the locality by offering to hold social events and activities to help them recover from the pandemic. These would include bingo nights, big screen movie showings, morning/afternoon tea and coffee and scones, and gentle exercise classes. All except the exercise classes would be provided for free. The exercise classes will be held by qualified tutors and the cost of the classes will be covered by charging those who attend. The club identified the need for the exercise classes via a survey of local residents (detailed further in the next section).

The second phase, in the spring and summer of 2022, will be to engage with St Peter's Primary School to encourage children of primary school age to take part in lawn bowls. The club hopes to facilitate intergenerational events and activities in 2022 that will bring these two groups together.

To help progress this initiative and bring the facilities up to standard, the clubrooms at ABC are in need of substantial upgrading and renovation. Specifically, the carpet and the seating booths in the clubhouse are in need of repair and replacement. The seating is torn and split in several areas, and the carpet is 30 years old and has heavy signs of wear and may present trip hazards. A new carpet would also make any floor exercises more comfortable for the groups of elderly residents they are seeking to help.

In addition, the club is keen to replace the tables we have in the seating area, as they are also showing signs of wear, with loose laminate edges and legs that are not suitable for access for those with limited mobility. ABC wish to replace the four-legged tables with pedestal type tables to improve access. The club carried out a survey which was sent to 60 households of which 23 were completed and returned. 80% of respondents indicated they would like a space to socialise over teas and coffees at the club. The upgrade of the seating and tables will allow for these activities, as well as providing a space for those attending exercise classes to socialise and relax after the activity.

The club is also looking to install blackout blinds in the windows of the clubhouse for the showing of movies on the big screen. This will allow the showing of movies during daylight hours, a much preferred time for the groups the club is looking to provide for.

Abbotsford Bowling Club are of the view that in order to provide the activities and support aforementioned, the club facilities would need the significant refurbishment detailed above to create a safe, welcoming and comfortable environment for those it intends to support. The club would not be happy to hold these activities with the clubhouse in its current state.

Evidence of individuals, groups or communities likely to <u>benefit</u> from the new initiative and how they have been affected by the pandemic:

	High 🗆	Medium 🛛	Low 🗆
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Phase one of the project will benefit the elderly in the local community. In particular, the retirement communities of Lucy Sanderson Cottages and Kingsknowes Village. These communities have been adversely affected by the isolation brought about by the pandemic. ABC's project will help those affected in the community to combat the sense of isolation felt by many in this group.

Furthermore, the gentle exercise sessions will also help keep residents active, fit and healthy, thus helping to fill the gap in support and social care needed by so many in this group.

Both the communities at Lucy Sanderson Cottages and Kingsknowes Village have been surveyed regarding the planned activities at Abbotsford Bowling Club. In summary, 38% of surveys were returned, with 87% replying positively that they would take part in some or all of the activities offered. In addition, residents who answered the door when the surveys were collected were very grateful for the efforts of the bowling club, many of whom stated their strong sense of isolation caused by the pandemic.

Phase two of the project will benefit the pupils of the local primary school, with activities planned to encourage the children to take part in outdoor lawn bowls at the club. As well as improving access to sporting activities, this initiative will also have a positive effect on the health and wellbeing of the primary school children. Engaging the primary school pupils in bowls activities will also help to build intergenerational links in the local community. The club is currently unable to fund phase two without funding support and will be looking towards to the SBC Community Fund (in the new financial year) and the ClubSport Ettrick & Lauderdale Fund. The applications to these funds would be for disabled access and toilets for the club, along with new equipment for the coaching sessions for the Primary School children. The club will also be seeking assistance from Bowls Scotland and their development officers to assist with events and equipment to help engage the pupils at St. Peter's Primary School. The primary school children would benefit from the new carpet when playing indoor carpet bowls. The new seating could also be used as a changing area for the children when attending to play outdoor green bowls. This prevents the children having to use the adult changing room.

Expected <u>impact</u> of the new initiative and how will it help those most in need recover from the pandemic			
High 🗆	Medium 🛛	Low 🗆	
Retired/elderly community: 1. Increased engagement and socialisation with others in the local community 2. Positive impact on physical and mental health 3. Increased engagement with younger generations Primary School children:			
<ol> <li>Access to outdoor sport of lawn bowls</li> <li>Positive impact on physical and mental health</li> <li>Increased engagement with older generations</li> </ol>			

## 4. Project Expenditure:

Total Project Cost	£16,821.92
10% organisation contribution	£1,821.92
Request to BBBB	£15,000.00

Item of expenditure	Cost	Notes
New carpeting in clubhouse	£4,300.00	
Re-upholstering of seating areas	£11,215.00	
Renewal of tables (8 x £119.99)	£959.92	
Window blinds	£347.00	
Total Project Cost	£16,821.92	

Grants received from Scottish Borders Council or any other funder within the last three years

Date	Project Title	Amount	Notes	
11/04/2020 – 24/12/2020	Scottish Government	£14,450.00	For running costs of the club - annual green fees and green keepers wages, gas, electric, water rates, irrigation system, telephone, alarm and CCTV systems, general upkeep of gardens	
01/01/2021 – 06/07/2021	Scottish Government	£21,450.00	and buildings. Reopening and settin up costs after COVID-19, two dee cleans, extra cleaning materials, han wash, hand gel, wipes, tape & signage	

SBC OFFICER ASSESSMENT	The application for refurbishment meets the criteria of the BBBB Recovery Fund.	
Comments	The application scores <b>medium</b> . The application is solely for the refurbishment of the clubhouse and Abbotsford Bowling Club has demonstrated multiple examples of how it plans to help its local community recover from the COVID-19 pandemic. Whilst there are free activities planned for the community, the exercise classes will not be free of charge. Phase 2 will provide a significant benefit to local school children but the club are unable to fund this without further financial support. The application is scored medium because it is for the full amount of £15,000 but the club are unable to deliver the free sessions in full at this time. The application would score higher if the club was able to demonstrate that the funding applied for could be used to directly fund the primary school activities and exercise sessions to ensure free entry for all.	
Additional terms and conditions required	The applicant must follow all Scottish Government COVID-19 guidance.	
Evaluative measures	<ul> <li>Feedback from retired/elderly as to the importance of the events on their mental and physical health and wellbeing</li> <li>Anecdotal feedback from school pupils in regards to trying lawn bowls</li> <li>Feedback from club visitors in regards to the improvement of the clubhouse</li> </ul>	